



# AUGUST | 2017

St. Jude's

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16 Taco 1 ea Refried Beans ½ c Lettuce/tomato ½ c Fresh fruit ½ c	17 Hot Dog 1 ea Malibu blend ½ c Salad 1 c Fresh Fruit ½ c	18 Cheesie Quesadilla 1 ea Broccoli ½ c Fresh Black bean salsa ½ c Fresh Fruit ½ c
21 Chicken Sandwich 1 ea Green beans ½ c Fresh Cucumbers ½ c Fruit ½ c	22 Pizza 1 ea Spinach Salad 1 c Carrots ¾ c Fruit ½ c	23 Ham & cheese on pretzel bread 1 ea Baked Beans ½ c Celery ½ c Fruit ½ c	24 Chicken Wrap 1 ea Lettuce and Tomato ½ c Cheese/sour cream 1 oz Cauliflower ½ c Fruit ½ c	25 Fish sticks 2 ea Tater tots ½ c Green beans ½ c Fruit ½ c
28 Chef Salad 1 c Ham/ Cheese 2 oz Tomato/cucumbers ½ c Roll 1 ea Fresh Fruit ½ c	29 French Toast sticks 3 ea Turkey sausage 2 ea Tater tots ½ c Fruitable 1 ea Fresh fruit ½ c	30 Cheeseburger 1 ea Lettuce and tomato ½ c Baked beans ½ c Fruit ½ c	31 Turkey and cheese sandwich 1 ea Broccoli ½ c Carrots ¾ c Fruit ½ c	

News

Fat free Chocolate or 1% white milk are served daily with lunch

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Menu Subject to change without notice