



NOVEMBER | 2017

St. Jude's

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Taco 1 ea Refried beans ½ c Lettuce/tomatoes ½ c Fruit ½ c	2 Ham & cheese on Pretze; bread 1 ea Broccoli ½ c Fruitable 1 ea Fruit ½ c	3 Pizza 1 ea Salad 1 c Carrots ¾ c Fruit ½ c
6 Fajitas 1 ea refried beans ½ c cheese/sour cream lettuce/tomato ½ c fruit ½ c	7 Mini corn dogs 6 ea Malibu Blend ½ c Baked Beans ½ c Fruit ½ c	8 BBQ Pork sandwich 1 ea Tater tots 6 ea Green Beans ½ c Fruit ½ c	9 Stuffed Pizza 1 ea Salad 1 c Carrots ¾ c Fruit ½ c	10 Mac n cheese 6 oz Peas ½ c Fruitable 1 ea Fruit ½ c
13 Chicken Patty 1 ea corn ½ c Spinach Salad 1 c Fruit ½ c	14 Pizza 1 ea Carrots ½ c Cauliflower ½ c Fruit ½ c	15 Gen Tso 3 oz Rice ½ c Broccoli ½ c Fruit ½ c	16 Turkey Sandwich 1 ea Malibu Blend ½ c Salad 1 c Fruit ½ c	17 Ravioli 3 oz Fruitable 1 ea Green beans ½ c Garlic Bread 1 ea Fruit ½ c
20 Special Lunch Cheeseburger 1 ea Salad 1 c Carrots ¾ c Fruit ½ c	21 Off	22 Off	23 Off	24 Off
27 Hot Dog 1 ea Cauliflower ½ c Baked Beans ½ c Fruit 1/2	29 Ham & cheese sandwich 1 e Green Beans ½ c Black bean salsa ½ c Chips 1 ea Fruit ½ c	29 Chicken shapes 3 ea Potatoes ½ c Corn ½ c Fruit ½ c	30 Stuffed Pizza 1 ea Salad 1 c Carrots ¾ c Fruit ½ c	

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