



# MARCH | 2017

*St. Jude's*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Mac n Cheese 6 oz Malibu Blend 1/2 c +Salad 1/2 c Fruit 1/2 c Garlic Bread 1 ea	<b>2</b> Cheeseburger Tea Baked Beans 1/2 c Tater Tots 6 ea Fruit 1/2 c	<b>3</b> Fish Sandwich Tea Broccoli 1/2 c Salad 1 c Fruit 1/2 c
<b>6</b> Chicken Quesadilla 1 ea Corn Salsa 1/2 c Tostitos 1 ea Green Peppers 1/2 c Fruit 1/2 c	<b>7</b> Stuffed Pizza 1 ea Salad 1 c Carrots 3/4 c Fruit 1/2 c	<b>8</b> BBQ Pork Sandwich 1 ea Cauliflower 1/2 c Green Beans 1/2 c Fruit 1/2 c	<b>9</b> Gen Tso 2 oz Rice 1/2 c Broccoli 1/2 c Fruit 1/2 c	<b>10</b> Baked Potato 1 ea Cheese/sour cream 1 oz Malibu Blend 1/2 c Butter 1 ea Fruit 1/2 c Roll 1 ea
<b>13</b> Taco 1 ea Refried Beans 1/2 c Lettuce/tomatoes 1/2 c Cheese/sour cream 1 oz Fruit 1/2 c	<b>14</b> Bosco Sticks 3 ea Salad 1 c Corn 1/2 c Fruit 1/2 c	<b>15</b> Ham and Cheese on Pretzel Green Beans 1/2 c Fruitable 1 ea Fruit 1/2 c	<b>16</b> Chicken Shapes 3 ea Mashed Potatoes 1/2 c Peas 1/2 c Roll 1 ea Fruit 1/2 c	<b>17</b> Marco's 1 ea Salad 1 c Carrots 3/4 c Fruit 1/2 c
<b>20</b> Orange Chicken 2 oz Rice 1/2 c Broccoli 1/2 c Fruit 1/2 c	<b>21</b> Hot Dog 1 ea Baked Beans 1/2 c Tater Tots 6 ea Fruit 1/2 c	<b>22</b> Chef Salad 1 ea Cuc/ tomato 1/2 c Turkey 1 oz Cheese 1 oz Roll 1 ea	<b>23</b> Stuffed Pizza 1 ea Salad 1 c Carrots 3/4 c Fruit 1/2 c	<b>24</b> Lasagna 1 ea Malibu Blend 1/2 c Fruitable 1 ea Fruit 1/2 c
<b>27</b> Salisbury Steak 1 ea Potatoes 1/2 c Corn 1/2 c Gravy 1 oz Fruit 1/2 c	<b>28</b> Pizza 1 ea Salad 1 c Carrots 3/4 c Fruit 1/2 c	<b>29</b> Meatball Sub 1 ea Cauliflower 1/2 c Green beans 1/2 c Fruit 1/2 c	<b>30</b> Chicken Nachos 1 ea Black Beans 1/2 c Cheese/sour cream 1/2 oz Corn 1/2 c Fruit 1/2 ea	<b>31</b> Cheese Quesadilla 1 ea Or SPECIAL LUNCH Broccoli 1/2 c Red beans and rice 1/2c Fruit 1/2 c

## News

Skim White or Fat free  
Chocolate and  
Strawberry milk served  
daily with lunch

Look for great changes  
coming