



# DECEMBER | 2021

## St Jude

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1	2	3
6 Cheeseburger 1 ea Tater tots 6 ea Green Beans ½ c Fruit ½ c	7 Ham and cheese on pretzel 1 ea Baked beans ½ c Corn ½ c Fruit ½ c	8 Marco's Pizza 1 ea Salad 1 c Carrots ½ c Fruit ½ c	9 Taco 1 ea Refried beans ½ c Lettuce/tomatoes 1/4 c Cheese/sour cream ¼ c Fruit 1/2 c	10 Lasagna 1 ea Salad 1c Broccoli ½ c Fruit ½ c
13 Chicken sandwich 1 ea Red beans and rice ½ c Mixed vegetables ½ c Fruit ½ c	14 Bruno's Pizza 1 ea Spinach salad 1 c Carrots ½ c Fruit ½ c	15 Spaghetti ½ c Salad 1c Fruit ½ c Roll 1 ea	16 Gen Tso 3 oz Rice ½ c Broccoli ½ c Fruit ½ c	17 Cheese quesadilla 1 ea Black bean salsa ½ c Chips 1 ea Juice 1 ea Fruit ½ c
20 Chicken Nuggets 2 oz Mashed potatoes ½ c Corn ½ c Fruit ½ c Roll 1 ea	21 Hot Dog 1 ea Baked beans ½ c Green beans ½ c Fruit ½ c	22 Bruno's Pizza 1 ea Carrots ½ c Salad 1 c Fruit ½ c	23 Christmas Break	24 Christmas Break
27	28	29	30	31

News